



You might hear about our school values in your first few days at Salmestone.

A value is something that people think is important and that will help you to be the best version of yourself and a better learner. Our school values are:

- **Community**
We believe we are stronger when working together.
- **Inspiration**
We believe igniting the passion inside leads to exciting opportunities.
- **Perseverance**
We believe in trying new things and never giving up.
- **Achievement**
We believe in personal, emotional and academic success.

For the Adults:

Starting school is not just nerve-wracking for your child, it can be for you too! However, children settle in much better if parents send them in confidently, smiling and wishing them well; you can then go and weep round the corner. We know we did!

Remember to make sure you're early to pick up your child as it can be upsetting for them not see you there. Children are usually hungry by home time, so you may want to bring a snack and drink to the school gate.

When your child gets home, let them have a rest and snuggle with you. You may want to let them watch tv for a while to unwind. It's natural to want to ask what happened at school but be prepared to hear 'nothing'; there's a lot to take in on the first day and they may not remember much of it!

If you have any concerns, please speak to your child's class teacher or call into reception.

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We want your children to feel comfortable from day one so we've put together this leaflet for you to share with them, to help to address common fears for those starting reception.

Welcome to Reception

Starting school is exciting but it can also be a bit scary.

We hope this leaflet will answer any questions you have about your first day at Salmestone.

Talk to your adults if there is anything worrying you and between us we'll do our best to make you feel confident starting school.

We look forward to seeing you soon!

Your Reception Teachers



What will happen on my first day?

On the first day, your teacher will meet you at your classroom door and welcome you in, then your day will go something like this...

8:40 - Gates open - morning activities

9:00 - Morning registration

9:10 - Maths

9.30 - Child initiated learning/focused learning

10:20 - Read Write Inc

10.50 - English

11.10 - Child initiated learning/focused learning

12.00 - Lunchtime

1:00 - Afternoon registration

1:10 - Maths Meeting

1.25 - Themed Learning

1.40 - Child initiated learning/focused learning

2:40 - Circle time/Story time

3.10 - Home time

What happens at lunchtime?

At lunchtime you will go into the canteen. There will be tables set up ready and our lovely dinner ladies will be waiting to help you.

For the first week, your class teacher will also join your class at lunchtimes to help you get settled.

If you choose to have school dinners, you will queue up with your tray to choose what you want from the cook then sit down to eat with your friends.

When you have finished, take your tray to the bin to clear any leftovers. Then our lunchtime helpers will be able to wash it up and you can go out to play.

Will I have to do work at home?

You will get to take home some school reading books to look at with your adults and eventually you will get a home learning book with things to try at home.

Practicing at home will really help your reading in school and will give you a chance to show off your learning!



What if I need the toilet?

The toilets are not too far from the classroom, we will show you the way on the first day.

If you need to go just let a teacher know

(If it's carpet time, pop your hand up and the teacher will let you go)

And what if I have an accident?

If you do have an accident, just let your teacher or teaching assistant know and they will sort out getting you some clean clothes.

If you want, you can bring some of your own underwear in your bag just in case.

What if I don't have any friends to play with at lunchtime?

At lunchtimes we have some games and equipment laid out so there's always something to do and no one should feel left out.

If you are feeling shy, there are always plenty of adults on the playground at break times - you could try saying hello to one of them.

What will I need in school?

Our school uniform:

- Dark grey trousers or shorts
- Salmestone blue tartan skirt
- White shirt
- Blue school tie
- A blue and white gingham summer dress
- Salmestone school jumper or cardigan
- White, grey or black tights or socks
- Black shoes

Our P.E kit:

- Black shorts and/or tracksuit bottoms
- House t-shirt
- Plimsolls (indoor p.e)
- Trainers (outdoor p.e)

Other things:

- Water bottle
- Book bag or backpack
- Coat